

MENTAL HEALTH ACROSS THE LIFESPAN

TRAVELING ART SHOW & PANEL DISCUSSION

UnityPoint Health - AbbeHealth Services Abbe Center for Community Mental Health invites you to a free community event in honor of our 75th anniversary!

Artwork created by people in recovery will be on display and our panel of experts will provide practical tips on supporting your mental health and the mental health of your loved ones, along with information about local services available to the community.

**Thursday,
September 12**

Vinton Public Library
510 2nd Ave
Vinton, IA 52349

6 - 8 p.m.

Light desserts and refreshments
will be served.



UnityPoint Health
AbbeHealth Services